Portfolio of Investments

November 30, 2023 (unaudited)

Principal Amount or Shares		Value
UI JIIdies	U.S. TREASURIES—51.8%	Value
	U.S. Treasury Bonds—14.1%	
\$2,200,000	2.500%, 2/15/2046	\$ 1,525,219
6,700,000	2.750%, 8/15/2042	5,062,683
2,200,000	2.875%, 11/15/2046	1,631,094
3,000,000	3.375%, 8/15/2042	2,495,150
700,000	3.375%, 5/15/2044	
9,000,000	3.375%, 11/15/2048	7,271,71
3,500,000	3.625%, 2/15/2053	2,985,39
2,600,000	3.625%, 5/15/2053	2,220,56
1,500,000	3.875%, 5/15/2043	1,336,87
1,000,000	4.000%, 11/15/2052	914,063
2,000,000	4.125%, 8/15/2053	1,870,313
2,000,000	TOTAL	27,888,282
	U.S. Treasury Notes—37.7%	· · · · · · ·
4,000,000	0.500%, 3/31/2025	3,768,400
4,000,000	0.500%, 8/31/2027	3,467,40
5,000,000	0.625%, 12/31/2027	4,306,58
1,500,000	0.750%, 5/31/2026	1,366,87
4,000,000	1.125%, 10/31/2026	3,638,75
3,500,000	1.250%, 9/30/2028	3,032,14
3,500,000	2.250%, 3/31/2026	3,320,46
7,500,000	2.375%, 5/15/2027	7,012,98
1,000,000	2.375%, 3/31/2029	906,820
3,750,000	2.750%, 7/31/2027	3,541,99
6,750,000	2.750%, 5/31/2029	6,223,86
3,000,000	3.500%, 1/31/2028	2,902,47
2,000,000	3.500%, 1/31/2030	1,906,823
2,000,000	3.500%, 4/30/2030	1,903,73
1,500,000	3.625%, 3/31/2030	1,438,373
500,000	3.875%, 8/15/2033	481,094
4,000,000	4.000%, 12/15/2025	3,946,19
2,000,000	4.000%, 6/30/2028	1,973,09
3,000,000	4.375%, 8/15/2026	2,989,34
5,000,000	4.625%, 6/30/2025	4,981,00
3,000,000	4.625%, 9/30/2030	3,045,93
8,800,000	4.750%, 7/31/2025	8,785,48
0,000,000	TOTAL	74,939,840
	TOTAL U.S. TREASURIES (IDENTIFIED COST \$105,922,172)	102,828,12
	MORTGAGE-BACKED SECURITIES—43.5%	
	Federal Home Loan Mortgage Corporation—10.5%	
1,222,814	2.500%, 1/1/2052	1,004,67
4,051,609	3.000%, 3/1/2052	3,421,81
561,973	3.500%, 1/1/2047	504,21
5,560,142	3.500%, 2/1/2052	4,913,12
495,699	4.000%, 5/1/2052	451,67

Amount		
or Shares		Value
	MORTGAGE-BACKED SECURITIES—continued	
* o= / = o o	Federal Home Loan Mortgage Corporation—continued	• • • • • • • • • • • • • • • • • • •
\$ 956,780	4.000%, 9/1/2052	\$ 870,452
3,747,959	4.000%, 11/1/2052	3,430,871
3,632,693	5.000%, 10/1/2052	3,504,446
2,722,754	5.500%, 9/1/2052	2,697,769
	TOTAL Federal National Mortgage Association—23.9%	20,799,039
4,551,880	2.000%, 2/1/2052	3,576,213
4,551,880	2.000%, 3/1/2052	1,272,750
	2.000%, 3/1/2052	
2,099,207		1,634,495
1,716,658	2.500%, 1/1/2052	1,400,229
2,292,188	2.500%, 2/1/2052	1,894,742 1,888,083
2,326,322 4,509,252	2.500%, 3/1/2052 2.500%, 4/1/2052	
		3,692,158
2,771,067	3.000%, 7/1/2046	2,379,292
5,042,956	3.000%, 5/1/2051	4,262,215
5,183,660	3.000%, 2/1/2052	4,397,334
2,155,899	3.000%, 6/1/2052	1,840,317
646,014	3.500%, 1/1/2048	575,583
6,155,050	3.500%, 12/1/2051	5,404,182
1,457,057	4.000%, 4/1/2053	1,323,769
2,809,177	4.500%, 2/1/2053	2,634,295
20,059	5.000%, 1/1/2035	19,930
5,997	5.500%, 6/1/2025	5,955
3,441,039	5.500%, 11/1/2052	3,393,977
9,053	6.000%, 4/1/2026	9,029
28,857	6.000%, 7/1/2034	29,619
2,737,924	6.000%, 12/1/2052	2,750,963
3,000,001	6.500%, 11/1/2053	3,049,353
	TOTAL	47,434,483
0 407 705	Government National Mortgage Association—9.1%	0.000.001
3,487,705	5.000%, 9/20/2053	3,389,994
5,977,910	5.500%, 9/20/2053	5,939,518
10,509	6.000%, 1/20/2029	10,614
5,438	6.000%, 3/15/2032	5,479
8,780,838	6.000%, 10/20/2053	8,847,617
11,945	6.500%, 10/15/2031	12,225
68	7.500%, 10/15/2026	
4,422	7.500%, 10/15/2027	4,503
		18,210,018
	TOTAL MORTGAGE-BACKED SECURITIES (IDENTIFIED COST \$88,205,839)	86,443,540
	COLLATERALIZED MORTGAGE OBLIGATIONS—2.1%	00,110,010
	¹ Federal Home Loan Mortgage Corporation—0.1%	
18,311	REMIC, Series 2411, Class FJ, 5.788% (30-DAY AVERAGE SOFR +0.464%), 12/15/2029	18,111
55,462	REMIC, Series 2411, Class F3, 5.760% (30-DAT AVERAGE SOFR +0.464%), 12/15/2022 REMIC, Series 2458, Class FB, 6.438% (30-DAY AVERAGE SOFR +1.114%), 1/15/2032	55,552
10,224	REMIC, Series 2534, Class FB, 0.438% (30-DAT AVERAGE SOFR +1.114%), 1715/2032	53,322
270,993	REMIC, Series 3322, Class FB, 5.828% (30-DAY AVERAGE SOFR +1.014%), 2/15/2032	263,833
210,773	TOTAL	
	¹ Federal National Mortgage Association—1.2%	347,708
	reveral wational workgaye Association—1.2 /0	

Principal Amount or Shares		Value
	COLLATERALIZED MORTGAGE OBLIGATIONS—continued	
	¹ Federal National Mortgage Association—continued	
\$ 6,690	REMIC, Series 1999-51, Class F, 5.939% (30-DAY AVERAGE SOFR +0.614%), 9/17/2029	\$ 6,683
76,307	REMIC, Series 2006-58, Class FP, 5.742% (30-DAY AVERAGE SOFR +0.414%), 7/25/2036	74,597
136,698	REMIC, Series 2006-85, Class PF, 5.822% (30-DAY AVERAGE SOFR +0.494%), 9/25/2036	134,189
116,114	REMIC, Series 2007-46, Class FA, 5.812% (30-DAY AVERAGE SOFR +0.484%), 5/25/2037	112,991
2,127,355	REMIC, Series 2017-96, Class FA, 5.842% (30-DAY AVERAGE SOFR +0.000%), 12/25/2057	2,005,032
	TOTAL	2,383,391
	Government National Mortgage Association—0.8%	
746,387	REMIC, Series 2015-47, Class AE, 2.900%, 11/16/2055	690,322
1,070,619	REMIC, Series 2016-11, Class A, 2.500%, 8/16/2054	862,562
	TOTAL	1,552,884
	TOTAL COLLATERALIZED MORTGAGE OBLIGATIONS (IDENTIFIED COST \$4,557,099)	4,283,983
	COMMERCIAL MORTGAGE-BACKED SECURITIES—1.4%	
	Agency Commercial Mortgage-Backed Securities—1.4%	
1,076,000	FHLMC REMIC, Series K151, Class A2, 3.800%, 10/25/2032	982,394
2,000,000	FHLMC REMIC, Series K750, Class A2, 3.000%, 9/25/2029	1,814,017
	TOTAL COMMERCIAL MORTGAGE-BACKED SECURITIES (IDENTIFIED COST \$2,806,490)	2,796,411
	¹ ADJUSTABLE RATE MORTGAGE—0.0%	
	Federal Home Loan Mortgage Corporation ARM—0.0%	
13,093	5.965%, 7/1/2035 (IDENTIFIED COST \$12,967)	13,229
	INVESTMENT COMPANY—2.2%	
4,361,913	Federated Hermes Government Obligations Fund, Premier Shares, 5.28% ² (IDENTIFIED COST \$4,361,913)	4,361,913
	TOTAL INVESTMENT IN SECURITIES—101.0% (IDENTIFIED COST \$205,866,480)	200,727,204
	OTHER ASSETS AND LIABILITIES - NET—(1.0)% ³	(2,052,758
	TOTAL NET ASSETS—100%	\$198,674,446

At November 30, 2023, the Fund had the following outstanding futures contracts:

Description	Number of Contracts	Notional Value	Expiration Date	Value and Unrealized Appreciation (Depreciation)
Long Futures:				
United States Treasury Notes 2-Year Long Futures	26	\$5,315,984	March 2024	\$ 20,660
United States Treasury Notes 5-Year Long Futures	83	\$8,868,680	March 2024	\$ 46,501
United States Treasury Notes 10-Year Long Futures	39	\$4,282,078	March 2024	\$ 23,963
Short Futures:				
United States Treasury Long Bond Short Futures	31	\$3,609,562	March 2024	\$(23,548)
United States Treasury Notes 10-Year Ultra Short Futures	21	\$2,383,828	March 2024	\$(17,102)
NET UNREALIZED APPRECIATION ON FUTURES CONTRACTS				\$ 50,474

Net Unrealized Appreciation on Futures Contracts is included in "Other Assets and Liabilities—Net."

The average notional value of long and short futures contracts held by the Fund throughout the period was \$14,273,147 and \$4,595,772, respectively. This is based on the contracts held as of each month-end throughout the nine-month fiscal period.

Transactions with affiliated investment companies, which are funds managed by the Adviser or an affiliate of the Adviser, during the period ended November 30, 2023, were as follows:

	Federated Hermes Government Obligations Fund, Premier Shares		
Value as of 2/28/2023	\$ 1,732,169		
Purchases at Cost	\$ 95,189,885		
Proceeds from Sales	\$(92,560,141)		
Change in Unrealized Appreciation/Depreciation	\$ —		
Net Realized Gain/(Loss)	\$ —		
Value as of 11/30/2023	\$ 4,361,913		
Shares Held as of 11/30/2023	4,361,913		
Dividend Income	\$ 197,381		

1 Floating/adjustable note with current rate and current maturity or next reset date shown. Adjustable rate mortgage security coupons are based on the weighted average note rates of the underlying mortgages less the guarantee and servicing fees. These securities do not indicate an index and spread in their description above.

- 2 7-day net yield.
- 3 Assets, other than investments in securities, less liabilities.

Note: The categories of investments are shown as a percentage of total net assets at November 30, 2023.

Investment Valuation

In calculating its net asset value (NAV), the Fund generally values investments as follows:

- Fixed-income securities are fair valued using price evaluations provided by a pricing service approved by Federated Investment Management Company (the "Adviser").
- Shares of other mutual funds or non-exchange-traded investment companies are valued based upon their reported NAVs, or NAV per share practical expedient, as applicable.
- Derivative contracts listed on exchanges are valued at their reported settlement or closing price, except that options are valued at the mean of closing bid and ask quotations.
- Over-the-counter (OTC) derivative contracts are fair valued using price evaluations provided by a pricing service approved by the Adviser.
- For securities that are fair valued in accordance with procedures established by and under the general supervision of the Adviser, certain factors may be considered, such as: the last traded or purchase price of the security, information obtained by contacting the issuer or dealers, analysis of the issuer's financial statements or other available documents, fundamental analytical data, the nature and duration of restrictions on disposition, the movement of the market in which the security is normally traded, public trading in similar securities or derivative contracts of the issuer or comparable issuers, movement of a relevant index, or other factors including but not limited to industry changes and relevant government actions.

If any price, quotation, price evaluation or other pricing source is not readily available when the NAV is calculated, if the Fund cannot obtain price evaluations from a pricing service or from more than one dealer for an investment within a reasonable period of time as set forth in the Adviser's valuation policies and procedures for the Fund, or if information furnished by a pricing service, in the opinion of the Adviser's valuation committee ("Valuation Committee"), is deemed not representative of the fair value of such security, the Fund uses the fair value of the investment determined in accordance with the procedures described below. There can be no assurance that the Fund could obtain the fair value assigned to an investment if it sold the investment at approximately the time at which the Fund determines its NAV per share, and the actual value obtained could be materially different.

Fair Valuation Procedures

Pursuant to Rule 2a-5 under the Investment Company Act of 1940, the Fund's Board of Trustees (the "Trustees") has designated the Adviser as the Fund's valuation designee to perform any fair value determinations for securities and other assets held by the Fund. The Adviser is subject to the Trustees' oversight and certain reporting and other requirements intended to provide the Trustees the information needed to oversee the Adviser's fair value determinations.

The Adviser, acting through its Valuation Committee, is responsible for determining the fair value of investments for which market quotations are not readily available. The Valuation Committee is comprised of officers of the Adviser and certain of the Adviser's affiliated companies and determines fair value and oversees the calculation of the NAV. The Valuation Committee is also authorized to use pricing services to provide fair value evaluations of the current value of certain investments for purposes of calculating the NAV. The Valuation Committee employs various methods for reviewing third-party pricing-service evaluations including periodic reviews of third-party pricing services' policies, procedures and valuation methods (including key inputs, methods, models and assumptions), transactional back-testing, comparisons of evaluations of different pricing services, and review of price challenges by the Adviser based on recent market activity. In the event that market quotations and price evaluations are not available for an investment, the Valuation Committee determines the fair value of the investment in accordance with procedures adopted by the Adviser. The Trustees periodically review the fair valuations made by the Valuation Committee. The Trustees have also approved the Adviser's fair valuation and significant events procedures as part of the Fund's compliance program and will review any changes made to the procedures.

Factors considered by pricing services in evaluating an investment include the yields or prices of investments of comparable quality, coupon, maturity, call rights and other potential prepayments, terms and type, reported transactions, indications as to values from dealers and general market conditions. Some pricing services provide a single price evaluation reflecting the bid-side of the market for an investment (a "bid" evaluation). Other pricing services offer both bid evaluations and price evaluations indicative of a price between the prices bid and ask for the investment (a "mid" evaluation). The Fund normally uses bid evaluations for any U.S. Treasury and Agency securities, mortgage-backed securities and municipal securities. The Fund normally uses mid evaluations for any other types of fixed-income securities and any OTC derivative contracts. In the event that market quotations and price evaluations are not available for an investment, the fair value of the investment is determined in accordance with procedures adopted by the Adviser.

Various inputs are used in determining the value of the Fund's investments. These inputs are summarized in the three broad levels listed below:

Level 1—quoted prices in active markets for identical securities.

Level 2—other significant observable inputs (including quoted prices for similar securities, interest rates, prepayment speeds, credit risk, etc.). Also includes securities valued at amortized cost.

Level 3—significant unobservable inputs (including the Fund's own assumptions in determining the fair value of investments).

The inputs or methodology used for valuing securities are not an indication of the risk associated with investing in those securities.

The following is a summary of the inputs used, as of November 30, 2023, in valuing the Fund's assets carried at fair value:

Valuation Inputs

	Level 1— Quoted Prices	Level 2— Other Significant Observable Inputs	Level 3— Significant Unobservable Inputs	Total
Debt Securities:				
U.S. Treasuries	\$ —	\$102,828,128	\$—	\$102,828,128
Mortgage-Backed Securities	_	86,443,540	—	86,443,540
Collateralized Mortgage Obligations	_	4,283,983	_	4,283,983
Commercial Mortgage-Backed Securities	_	2,796,411	_	2,796,411
Adjustable Rate Mortgage	—	13,229	—	13,229
Investment Company	4,361,913	_	_	4,361,913
TOTAL SECURITIES	\$4,361,913	\$196,365,291	\$—	\$200,727,204
Other Financial Instruments: ¹				
Assets	\$ 91,124	\$ —	\$—	\$ 91,124
Liabilities	(40,650)	_	_	(40,650)
TOTAL OTHER FINANCIAL INSTRUMENTS	\$ 50,474	\$ —	\$—	\$ 50,474

1 Other financial instruments are futures contracts.

The following acronym(s) are used throughout this portfolio:

ARM —Adjustable Rate Mortgage

FHLMC—Federal Home Loan Mortgage Corporation

REMIC — Real Estate Mortgage Investment Conduit

SOFR —Secured Overnight Financing Rate

Portfolio holdings are shown as of the date indicated and are unaudited. Since market conditions fluctuate suddenly and frequently, the portfolio holdings may change and this list is not indicative of future portfolio composition. These portfolio holdings are not intended to be and do not constitute recommendations that others buy, sell, or hold any of the securities listed.

For more complete information on the fund, visit <u>FederatedHermes.com/us</u> for a prospectus or a summary prospectus. You should consider the fund's investment objectives, risks, charges, and expenses carefully before you invest. Information about these and other important subjects is in the fund's prospectus or summary prospectus, which you should read carefully before investing.

NOT FDIC INSURED MAY LOSE VALUE NO BANK GUARANTEE

Federated Securities Corp., Distributor

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